

FOR SCHOOLS & DISTRICTS

Integrated psychological, training, and clinical services for every tier.

iSPROUT partners with schools, districts, and government agencies to deliver evidence-based evaluation, consultation, and licensed clinical therapy — so students succeed, educators are sustained, and systems operate with purpose.



16+

Years of experience

2010

Founded / rebranded as iSPROUT

3

Integrated service lines

DC • MD • VA

Region served

Core Services



Evaluation & Assessment

Rigorous assessment across cognitive, academic, behavioral, and social-emotional domains — informing eligibility, intervention, and data-driven decisions.

- Psychoeducational evaluations
- Autism & developmental assessment (ADOS-2, ADI-R)
- Behavioral & social-emotional assessment
- Functional Behavior Assessments (FBA)
- ADHD, executive function & adaptive behavior

School-based. \$150/hr. Reporting aligned to IDEA and DSM criteria.



Education & Training

Systems-level consultation and professional development that builds capacity, strengthens MTSS frameworks, and improves schoolwide outcomes.

- IEP development & 504 plan consultation
- MTSS/RTI framework design & coaching
- Special education compliance training
- Educator workshops & data-based coaching
- Parent training & family engagement

Per session, short-term, or full-year retainer.



Clinical Therapy

A distinct clinical arm delivering licensed mental health and behavioral support to students, educators, and families.

- Individual therapy (students & adolescents)
- Group therapy & skills intervention
- Social-emotional & behavioral intervention
- Crisis response & stabilization
- Educator wellness & burnout support

Licensed clinicians. Embedded in MTSS/IEP frameworks.

Challenges We Solve

Unmet student mental health and learning needs overwhelming under-resourced teams.

Educator burnout, compassion fatigue, and staff turnover disrupting school culture.

IDEA/504 compliance gaps and IEP quality concerns creating legal and ethical risk.

Our Integrated Solution

iSPROUT delivers a fully integrated, multi-sector model spanning evaluation, training, and clinical services — addressing student needs, educator wellness, and organizational systems together.

- **Data-Driven Decision Making**
Assessment-informed practice at every tier.
- **Integrated Mental Health Supports**
Clinical services embedded within MTSS and IEP frameworks.
- **Culturally Responsive Practice**
Equity-centered approaches across every engagement.
- **Scalable Capacity Building**
Systems and staff skills that outlast the engagement.
- **Flexible Staffing Model**
Core team plus contracted professionals, scaled to your need.

We build capacity that stays after the contract ends.

Every engagement pairs direct service with coaching, so your teams grow stronger with each tier of support.

Outcomes & Impact

- Improved student engagement and measurable reduction in behavioral incidents
- Increased IDEA/504 compliance efficiency and reduced legal risk
- Stronger educator retention, well-being, and instructional effectiveness
- Scalable model across education, clinical, and consulting spaces

Clients & Sectors Served

- Public charter schools & Title I communities (DC/MD/VA)
- K–12 school districts
- Government agencies
- Colleges and universities
- Families and early childhood centers (ages 3–8)

Credentials & Compliance

- Certified School Psychologist
- Licensed Professional Counselor (LPC)
- ADOS-2 Certified Examiner
- HIPAA-compliant practices & documentation
- Professional liability (malpractice) coverage

Let's build a partnership for your school.

Shirley Hodges, M.A. — Founder & Chief Executive Officer

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Empowering Minds. Cultivating Growth.